

V2k the easy answers/Help guide

Post Humanism Hypothesis

**DISCLAIMER: THE TIPS AND
SOLUTIONS ARE SUGGESTIONS**

AND NOT LAWS READ AT YOUR OWN RISK

THE WILL FOR CHANGE SPEECH INCLUDED 25PG, the daner of 5g

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Author editor targeted individual

I will cover the **five things** you can do to combat the invisible threat of gang-stalking.

To gradually erase dew and v2k, note early warning it's not a one day thing, it's a month by month cleansing process that requires frequent antibiotics, due to 5g radiation read on. This may work for some and not others for those who it doesn't work for I would recommend leaving the power-grid option most have found peace that way because they could not stop what was going on.

**20+ page e-book-made for speed read
for desperate targeted individuals, fast
answers**

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ALSO INCLUDES ---HIDDEN VIRUS THEORY

V2K: Fact, Fiction, and the Mystery, BONUS TIPS

By Jesse David Tripp

AUTHOR , EDITOR

Marcus couldn't understand where the voices were coming from.

Every night he would hear someone whisper his name. Sometimes the voice sounded like a stranger. Other times it sounded like someone he knew. The sounds seemed so real that he searched every room in his apartment, checked the hallway, and even called his landlord.

Nothing.

One evening he typed two words into an internet search engine:

Voice to Skull.

Thousands of videos, articles, and personal stories appeared. Many described something called **V2K**, short for "Voice-to-Skull," a term used online to describe the belief that voices can be transmitted directly into a person's head using advanced technology. MICROWAVES, RADIO WAVES AND ULTRASOUND HAVE ALL BEEN NAMED CULPRITS IN THIS INVISIBLE TORTURE ACT. BELOW I HAVE INCLUDED AN EXAMPLE OF WHAT V2K, VOICE TO SKULL ACTUALLY FEELS LIKE AND HOW IT ACTUALLY PLAYS OUT WHEN YOUR A VICTIM , SO THAT YOU CAN CONFIRM THIS REALITY WITHOUT FEELING LIKE YOUR SCHIZOPHRENIC OR IMAGINING THINGS.

EXAMPLE OF V2K

Marcus ~~was~~ coming home from work one day and went to sleep early. when he awoke in the evening he thought her heard someone talking in his kitchen, the

voices sounded almost cartoon like and false, he went to check and saw nothing when he turned around and sat back on the sofa, he heard the voices again and a chill went down his spine, was he hearing ghost or schizophrenic, the voice almost sounded digital. weeks went one and he kept hearing voices, they even began to harass him, medication didn't work, one day while walking pass a cell phone tower the voices increased intensity, Marcus then got online and found a group of people called targeted individuals who claimed the same thing, now that someone else was having this grand delusion, he knew it wasn't a mental illness he was a v2k of a mysterious conundrum called v2k, voice to skull technology.

Gangstalking.

According to many websites and online communities, gangstalking is the belief that organized groups secretly harass, monitor, or intimidate a targeted individual through repeated encounters, surveillance, or psychological pressure.

As Marcus continued reading, he found two very different viewpoints.

The first came from people who believed V2K and gang stalking were real, describing experiences they believed involved directed energy weapons, microwave technology, or coordinated harassment. Thousands of individuals around the world have shared personal accounts, although their experiences vary greatly.

The second viewpoint came from scientists, engineers, medical professionals, and government agencies. They stated that there is **no publicly verified evidence** showing that a secret technology capable of remotely transmitting conversations into someone's mind is being used against civilians in the manner commonly described online.

Marcus realized something important.

Just because many people report similar experiences does not automatically prove a particular explanation. At the same time, people's experiences and distress are real and deserve compassion, even when the cause remains uncertain.

As he continued researching, Marcus found examples of technologies that sometimes become confused with V2K claims.

The **Microwave Auditory Effect**, first described by researcher Allan H. Frey in the 1960s, showed that certain microwave pulses under controlled laboratory conditions can produce clicking or buzzing sensations that some people perceive as sound. This effect has been documented in scientific literature, but it does **not** demonstrate the ability to secretly broadcast conversations into a person's thoughts.

He also read about **Long Range Acoustic Devices (LRADs)**, which project highly directional sound over long distances. Unlike V2K claims, these devices produce ordinary sound waves that travel through the air and can be measured.

Researchers are also developing **brain-computer interfaces**, allowing people with paralysis to communicate using implanted devices. These systems require surgery or specialized equipment and are designed for medical treatment—not remote mind control.

By the end of his research, Marcus understood that separating documented science from speculation was essential.

He decided that whenever he encountered extraordinary claims, he would ask three questions:

1. Has this been independently verified?
- 2.
- 3.
- 4.

5. Is there peer-reviewed scientific evidence?

6.

7.

8.

9. Can multiple experts reproduce the results?

10.

11.

12.

The internet contained thousands of opinions, but careful research required reliable evidence.

Whether reading about V2K, gang stalking, directed energy, or emerging neuroscience, Marcus learned that curiosity should always be matched with critical thinking.

Sometimes the greatest mystery is not what people believe—but how we determine what is true.

References

- Allan H. Frey. "Human Auditory System Response to Modulated Electromagnetic Energy" (1961), describing the microwave auditory effect.
- National Institutes of Health (NIH) publications on brain-computer interfaces and neurotechnology.

- Peer-reviewed neuroscience literature discussing auditory perception and brain-computer interface research.

- Published information on Long Range Acoustic Devices (LRADs), which use conventional directional sound rather than remote transmission into the brain.

Readers are encouraged to distinguish between documented scientific research and claims that have not been independently verified.

The five things that erase v2k dew attacks

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- Mango citrus drinks and salt and vinegar chips
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- Organic sound therapy nature sounds white noise
sleep restoration
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- Cleaning 5g radiation out of urinary tract and skin with

cranberry juice water apples and pineapples

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· Doctor prescribe dermatological skin disease radiation sickness related antibiotics taken over a series of months

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· Last but not least dna modification, changing the dna of infected skin its not recommended , but nothing else works crispr- gene editing it's the answer, it has worked in some cases

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DO THEY HAVE A VIRUS THAT

IS UNKNOWN? AND

**ARE THEY ARE ATTACKING US simply
because**

WE ARE NOT INFECTED? POSSIBLY yes!

My targeting started seven years ago. Since then i have collected a lot of data including theories that are not fbi related for those of

us who do not totally believe the concept. Today I suggest that it is totally possible that there is an unknown pathogen or virus spreading inside of them. It's easy to see with the eyes that perps are sick but are they literally. i say yes possibly there are many unknown pathogens that can affect a person's brain that cannot be easily detected.

Example one: perps like to make you angry then act confused

Example two: perps force altercation even when there is no real problem

Example three: it seems so relentless they don't even seem conscious

Meaning possibly, they are simply trying to force interaction to infect you with the x - factor virus. a strange metal or mind virus that has evaded the detection of science . is this the zombie apocalypse and we are the only survivors due to conservative habits of the rh- blood or delta 32 gene mutation. By forcing constant interaction it seems that intend on making us angry for no reason at first, but if you look deeper you see that there is a urgent desire to communicate orally , and exchange literally breath with no reason or reward at the end. The intent of our dear perps seems to be to make us sick with whatever happened to them. could a mutant pathogen that cannot be seen , be working its way through society without

notice , it's totally possible we are in a zombie movie post humanism and can't muster up enough intellectual iq to accept what we are looking at.

Helpful tips section

Digestion is a big deal

Apparently dew weapons have a strange effect on metabolism and the body so you need to make sure the energy is not disturbing your natural circadian cycles like sleep and digestion. For sleep take melatonin. for digestion by yourself a weekly bottle of kombucca to make sure you are getting rid of old waste in your gut.

Change your mentatliy

Few people will help you with this problem

You must learn to change how you view reality and people in general. Old habits die hard, but you will too if you keep thinking you have a normal story line and that relief from another person or family is in near site, i hate to inform you but all of your closest people can become a perp at any moment it is the nature of the disease.

Moving to a remote area

If your targeting is severe at does not stop consider moving to a remote area , some targets have a lot of cash some don't but consider removing yourself from the city and cell phone towers until you solve the problem.

Reach out

If you are feeling alone and need someone to talk to their lot of targeted individual sites online, that offer physical meetup groups, designed to let you share your story and confide in others.

Start your own business

The jobs get hectic because sometimes the stalking and harassment continues there , for some there is no way out , we can't all have a master's degree and a guaranteed job, so my advice is take an interest in easy startup business or transportation business

HYDROGEN PEROXIDE

Hydrogen peroxide is good for you skin if you think you have been affected by mites or any strange infection caused by dew weapons, its a good substitute for antibiotics if you dont have the money

Have your muscle dna examined

many of us do not have a microchip inside of us leading us to speculate there could be a mutation at least in some or something else odd going on , if you can and if you have the money , check with a lab of hospital for dna testing it could improve your situation dramatically .

Using YouTube and face book as a means of self-

expression

Many times we feel like our story is too hard to tell and that no one will listen, it's about time we force our story off on others, free media is the best way to do this, YouTube offers the best free video information exchange platform to date and face does the same for audio books related to gang-stalking or simply chat groups. A you-tube channel video below

They say that we are crazy but ,how can thousands of people be having the same delusion

They say that we are nuts, but how can hundreds or even thousands of people around the world behaving the exact same nutty delusion, we are share common themes in our experiences that we call in general gang-stalking

· Street theater –strange events where people pretend they know you

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· V2k voice to skull-hearing electronic voices that harass you

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· Dew body attacks – experience mysterious assault in your sleep

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· Job harassment-strange up provoked financial sabotage in other words they pretend you're a problem say random stuff to you then fire you

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· Personal relationship sabotage- all of your new dates seem to hate you, believe you are crazy and don't want you to make it and make sure you don't make it ,

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· Bizarre road rage incidents

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Encountering people who claim that claim they read your mind and that you are guilty of something, or people drive by you and turn and say something offensive "all day!" with no build up or reason.

· Strange encounters with the law-you keep finding your self in court for no reason or they give you elongated sentences for small crimes or you seem to brush faces with cops way more than normal or it seems as if they have it in for you for no reason.

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· The best way to explain it is that you woke up one day trapped in a bad dream with Freddy Kruger and you can't wake up and you just have to fight, there's no way out but to fight just do the best you can.

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Using a diary as a means of self expression

IF YOU CAN'T SEEM TO EXPRESS YOURSELF AND FEEL SUICIDAL CALL A HELP HOTLINE, BUT BEFORE YOU DO THAT DIARIES DO HELPS TO TRACK AND RECORD FEELINGS THAT YOU DO NOT GET TO EXPRESS OPENLY WITHOUT FEAR OF BEING MADE FUN OF. BELOW I HAVE POSTED A PICTURED OF A GOOD DIARY IMAGE, THEY SELL THESE AT WALMART COSTCO AND STAPLES IT MAY MAKE THE DIFFERENCE BETWEEN LIFE AND DEATH FOR SOME PEOPLE.

WHY PEOPLE BELEIVE THE GOVERNMENT IS STALKING THEM

the U.S. government ran a secret psychic program called the **Stargate Project**. The Defense Intelligence Agency and the CIA operated the program starting in the 1970s to study using psychic abilities for military intelligence, specifically focusing on "remote viewing" (the ability to see distant or hidden targets).

The Stargate Project ran for over 20 years. The government officially shut down the program in 1995 after evaluations concluded that the psychic abilities were not reliable or useful for real-world intelligence operations.

The subject of these test were sometime certain phenotypes and genotypes. and most of the time common ordinary everyday people.

The military previously explored these concepts under other code names, including **SCANATE** and **Gondola Wish**. You can learn more about the initiative and view declassified files through the CIA Freedom of Information Act Electronic Reading Room. this is one of the reasons whey people believe we have been entered into a top secret program, but its not true the program didn't work.

URI GELLAR WORKED IN THIS PROGRAM

Uri Geller is an Israeli-British illusionist who claimed to have psychic powers. He convinced the CIA in 1973 that he possessed paranormal abilities. He worked with intelligence agencies like the CIA and the Israeli Mossad. Declassified government documents show they studied him for psychic spying.

However, many scientists and magicians concluded he used stage magic tricks in these tests.

IN A NUTSHELL THE PROGRAM DIED

In a nutshell the program died, there was not enough evidence to keep recruiting people for paranormal psychic test and that the basis of gang stalking is founded on this, there is a secret program that allows the

government to sign people up for secret test without there consent is basically a lie , the program was unfunded because it didn't work. the us has nothing to hide and don't really need us to conduct this type of research they have most gene types and blood types in a lab being studied right now as we speak.

The Transhumanist

Some say that there is a secret party , responsible for hunting people for their DNA and that they are they are the culprit in an illegal DNA black market that hunts people for their genes, some say that they are the ones behind gangs talking. my opinion says they are not , they are more into machine supremacy or cyborgs, some are biohackers who like to add genes to themselves from other people and animals which made them a suspect, almost like a villain from a dc comic book , some believe that their is a master plot to harvest genes of smart unique people but i say probably not.

The movement is rooted in the belief that human evolution can and should be actively directed rather than left to chance. Prominent advocates support a wide array of emerging technologies, including:

- **Life Extension & Anti-Aging:** Using biotechnology to slow or reverse the human aging process to achieve "super longevity".

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- **Cybernetics & Mind Uploading:** Merging the human brain with computers, or eventually transferring human consciousness into digital or robotic forms.

· **Genetic Engineering:** Utilizing tools like CRISPR to eliminate hereditary diseases and select desired physical or cognitive traits.

· **Cryonics:** The practice of preserving legally dead individuals at extremely low temperatures with the hope that future technology can revive and cure them.

what is a dew attack?

Simply put , a dew attack is a directed energy weapon attack , its a strange form of invisible assault that can attack any part of the body using microwaves or other frequencies, some say that it is a form of energy modulation caused by a microchip somewhere inside of the body, but in some cases a microchip is never found. radio waves are all around us coming from **5g towers** , our bodies may be interpreting this energy as a form of negative radiation once it enters the skin may report burns, forced sexual feelings delayed digestion, invasive dream invasion and imaginary voices.

Key Claims:

- **Technology:** Targets are said to be hit with microwaves, lasers, or radio waves.

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- **Physical Symptoms:** Victims claim these beams cause pain, burning sensations, sleep issues, and ringing in the ears.

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- **Mind Control:** Some believe the weapons can beam voices directly into their heads

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The will for change

Ultimately if you want to get out of this bizarre situation you will need to change how you look at people and life. Will power is your new goal. Some simply wait for a hero to come, that hero is often government law and institutional practice in favor of equality. But unfortunately gang stalking whatever you think it is, one thing we agree on is that it's outside of the law. It's impossible to challenge in court something that is not even provable outside of personal

experiences. You will be labeled crazy incompetent and not suitable to be out in public with such outrageous claims. We must take the initiative and make personal battle plans, and customized survival schemes if we want our lives to return to normal. We as humans walk a fine line between sanity and insanity and thus it is easy to imagine that someone has went crazy rather than accept our technology has dangerous side effects, and that is exactly what I am supposing in this manual. Hope is as strong as you allow it to be and the amount of change that you can expect depends on how much forced is exerted in that direction. The only hero that will save you is you and that is why I have written this book.

The danger or 5g

Major health organizations all over the world — including the World Health Organization and the FDA— state that 5G is safe, but its not proven. Operating as **non-ionizing radiation**, its radio waves do not damage DNA once again not proven . The primary biological effect of 5G signals is mild **surface tissue heating**, which remains well within established safety limits. While 5G introduces higher frequencies and denser networks of antennas, the science and current consensus indicate no established negative health

effects or links to cancer. A breakdown of the debate highlights these key perspectives: **Official Consensus:** Agencies like the Federal Communications Commission require 5G devices and towers to operate below levels known to cause tissue harm. **Scientific Research:** Organizations like Cancer Research UK emphasize that the energy emitted by 5G is not strong enough to chemically alter or damage cells. **Opposing Views:** Critics and independent advocacy groups highlight that higher-band "millimeter wave" 5G requires more base stations and small cells closer to homes. They argue for longer-term, independent research into the non-thermal biological effects of continuous, cumulative exposure. [\[1, 2, 3\]](#)

Would you like to know more about the **different frequencies 5G uses** (low-band, mid-band vs. millimeter wave), or how its **radiation levels compare to 4G and Wi-Fi?**